



1, Marlinstown Park, Mullingar, County Westmeath  
Phone 044 93 90210 Fax 044 93 90212  
[www.midlandtraining.ie](http://www.midlandtraining.ie)

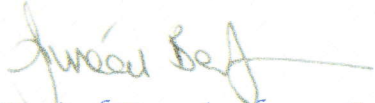
*This is to certify that*

**ANN HAND**  
**JA LUMLEY & SON LTD**

*Completed an Occupational First Aid Refresher  
training course that meets the requirements of  
the Safety, Health and Welfare at Work  
(general applications) Regulations 1993 (S.I. No 44 of 1993)*

*Date of Issue* 26th April 2008  
*Date of Expiry* 25th April 2011  
*Certificate number* 754067

*Instructor*

  
Sinéad Bermingham 564E

*This programme is recommended by the Health & Safety Authority and  
approved by the National Ambulance Training School*

This certificate does not guarantee any future performance or suggest any form of license.  
Skills deteriorate rapidly when not used. Periodic retraining is strongly recommended.



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*This is to certify that*

*Katherine McCarthy  
JA Lumley & Son Ltd*

*Completed an Occupational First Aid Refresher  
training course that meets the requirements of the  
Safety, Health and Welfare at Work  
(general applications) Regulations 1993*

*Date of Issue* 26th April 2008

*Date of Expiry* 25th April 2011

*Certificate number* 754068

*Instructor*

A handwritten signature in black ink, appearing to read "Sinéad Bermingham".

*Sinéad Bermingham 564E*

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